The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact 1-718-625-6300. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-718-625-6300 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For participating providers $1,750 **person** / $5,250 **family** Non participating providers $3,500 **person** / $10,500 **family**	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the out-of-pocket limit for this plan?	For participating providers $6,000 **person** / $12,000 **family** Non participating providers $12,000 **person** / $24,000 **family**	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges (unless balance-billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.Multiplan.com/phcspracanc	This plan uses a provider network. You will pay less if you use a provider in the plan's network. Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. Facilities outside of the PHCS network will be processed in accordance with "Referenced Based Pricing (RBP) and reimbursed at the in-network benefit level.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$30 copay/office visit deductible does not apply	40% coinsurance	----------None----------
	Specialist visit	$50 copay/office visit deductible does not apply	40% coinsurance	----------None----------
	Preventive care/screening/ immunization	No charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.
If you have a test	Diagnostic test (x-ray, blood work)Office based	No charge/lab work $30 copay/x-ray deductible does not apply	40% coinsurance	----------None----------
	Diagnostic test (x-ray, blood work)Facility	20% coinsurance/lab work $30 copay/x-ray deductible does not apply		----------None----------
	Imaging (CT/PET scans, MRIs) Office based	$75 copay deductible does not apply	40% coinsurance	Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Imaging (CT/PET scans, MRIs) Facility	$75 copay deductible does not apply		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at **www.proactrx.com**	Generic drugs	$10 copay / Retail prescription $10 copay / Mail Order	Not Covered	Covers up to a 30-day supply (retail subscription); 31-90 day supply (mail order prescription).
	Preferred brand drugs	$30 copay / Retail prescription $75 copay / Mail Order	Not Covered	
	Non-preferred brand drugs	$60 copay / Retail prescription $180 copay / Mail Order	Not Covered	
	Specialty drugs	Not Covered	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
If you need immediate medical attention	Emergency room care	$250 copay/ 20% coinsurance deductible does not apply		Copay Waived if admitted Coverage is limited to Urgent Emergency Room visits only
	Emergency medical transportation	20% coinsurance	40% coinsurance	Coverage is limited to Emergency Ground Transportation only

* For more information about limitations and exceptions, or to request the SPD contact us at 1-718-625-6300.

	Urgent care	$75 copay / visit	40% coinsurance	----------None----------
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$30 copay / visit deductible does not apply	40% coinsurance	----------None----------
	Inpatient services	20% coinsurance		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
If you are pregnant	Office visits	$30 copay / initial visit only deductible does not apply	40% coinsurance	----------None----------
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	----------None----------
	Childbirth/delivery facility services	20% coinsurance		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
If you need help recovering or have other special health needs	Home health care	20% coinsurance	40% coinsurance	Coverage is limited to 100 visits per year. Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Rehabilitation services	$30 copay / visit deductible does not apply	40% coinsurance	Coverage is limited to 40 combined visits per year
	Habilitation services	Not Covered	Not Covered	----------None----------
	Skilled nursing care	20% coinsurance		Coverage is limited to 90 days per year. Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Durable medical equipment	20% coinsurance	40% coinsurance	Preauthorization is required when the amount is > $1,000
	Hospice services	20% coinsurance		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
If your child needs dental or eye care	Children's eye exam	Not Covered	Not Covered	----------None----------
	Children's glasses	Not Covered	Not Covered	----------None----------
	Children's dental check-up	Not Covered	Not Covered	----------None----------

* For more information about limitations and exceptions, or to request the SPD contact us at 1-718-625-6300.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Dental Care
- Eye Exam
- Habilitation Services
- Infertility treatment
- Long term care
- Medical Care when traveling outside the U.S.
- Private Duty Nursing
- Routine Foot Care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic Care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA or visit www.dol.gov/ebsa/healthreform; Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or visit www.cciio.cms.gov; or please call APA at 1-718-625-6300 or visit www.apatpa.com other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: APA at 1-718-625-6300 or visit www.apatpa.com.

Does this plan provide Minimum Essential Coverage? Yes.
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes.
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
If you are in need of language assistance, please reference the multi-language taglines and nondiscrimination notification at the end of this document, or call us at 1-718-625-6300

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

* For more information about limitations and exceptions, or to request the SPD contact us at 1-718-625-6300.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$1,750
Specialist copayment	$50
Hospital (facility) coinsurance	20%
Other copay	$30

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,800**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$1,750
Copayments	$50
Coinsurance	$2,200
What isn't covered	
Limits or exclusions	$150
The total Peg would pay is	$4,150

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$1,750
Specialist copayment	$50
Hospital (facility) coinsurance	20%
Other copay	$30

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$7,400**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$1,300
Copayments	$600
Coinsurance	$0
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	$1,800

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$1,750
Specialist copayment	$50
Hospital (facility) copay/ coinsurance	$250/ 20%
Other copays	$30

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$1,900**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$200
Copayments	$400
Coinsurance	$240
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	$840

The plan would be responsible for the other costs of these EXAMPLE covered services.